

Circle of Security



An 8-week program
for caregivers of
children of all ages.
Certificates available
upon completion of
the program.

Caregivers are supported to:

- Understand their child's emotional world by learning to read emotional needs
- Support their child's ability to successfully manage emotions
- Enhance the growth of their child's self esteem
- Honor the innate wisdom and desire for their child to be secure

**Virtual via
Microsoft
Teams**

**Tuesdays
July 8th -
August 25th
1:00pm - 2:30pm**

To register:



403-689-1403



SWERN@growwithtrellis.ca