

High School 101: THE REAL DEAL

Youth ages 13-15

Perfect for the soon-to-be highchoolers and curious parents too!

New School. New Teachers. New Lockers.

High school is a big adventure - and we're here to help you feel ready!

This fun and friendly session is your back stage pass to what high school is really like.

We'll chat about changing classes, making friends, handling homework (yes, it happens), and all the little things no one tells you about.

Come with questions, leave with confidence - and maybe a few laughs.

Join us August 20, 2025 11-12pm

For registration and inquiries:



403-689-1403



SWFRN@growwithtrellis.ca



202, 8330 Fairmount Drive S.E.