

LEVEL UP: LIFE SKILLS FOR TEENS AGES 13-17

June:

23 - Learn to make a detailed resume

30 - Ace a mock interview

August:

6 - Budget without going broke

13 - Manage your time like a boss

**Four week series
Starting July 23 to
August 13, 2025
Wednesday's 11-12pm**

Whether you're job hunting, future-planning, or just want to feel more in control, this fun, hands-on series has your back.

**August 20, 2025
11-12pm
Special Presentation
"What to Expect in
High School"**

**Register at
SWFRN@growwithtrellis.ca
or 403-689-1403**

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